

Starters

- 1. Chicken Satay** £6.50
Strips of tender chicken marinated in Thai spices, charcoal grilled on a bamboo skewer served with peanut sauce & a sweet Thai salad
- 2. Thai Spring Rolls (V)** £6.25
Home made deep fried spring rolls stuffed with vegetables.
- 3. Na Moo** £6.25
Deep-fried minced pork on bread base served with sweet chilli sauce.
- 4. Tempura Prawns** £6.95
King prawns in batter served with sweet chilli sauce.
- 4a. Butterfly King Prawns** £6.95
Deep-fried King Prawns in bread crumbs served with sweet chilli sauce.
- 5. Fish Cakes** £6.00
Thai fish cakes served with sweet chilli sauce.
- 6. Na Goong** £6.95
Minced prawn spread on a bread base with sesame seeds & deep fried served with a sweet chilli sauce.
- 7. Spare Ribs** £7.00
Spare Ribs marinated in Thai sweet chilli sauce

- 9. King Prawn Spring Rolls** £6.95
Homemade Deep Fried Spring Rolls stuffed with minced pork & marinated prawns
- 10. Tod Mon Sweetcorn (V)** £6.00
Ground Sweetcorn mixed with spices and red curry paste served with a sweet chilli sauce.
- 11. Vegetables Tempura (V)** £6.00
Vegetables in batter, deep fried & served with sweet chilli sauce.
- 12. Toong Tong Cheese (V)** £7.00
Crispy Pastry parcels filled with Brie, Mozzarella cheese & basil served with a plum sauce.
- 13. Mixed Starters**
(Minimum 2 People) £18.00 (£9.00 per person)
A delightful & delicious platter of: Chicken Satay, Spring Roll, Na Moo, Spare Ribs & Fish cake.

Soups

- 14. Tom Yum Goong** £7.00
Thai's famous hot & sour soup with Prawns, Mushrooms, flavoured with lemon grass & lime juice.
- 15. Tom Kha Gai** £6.75
Chicken in coconut soup flavoured with galangal, lemon grass & lime leaves.

Thai Salad (Hot)

- 16. Yum Woon Sen** £14.00
Prawns or Mixed Seafood. Vermicelli glass noodles steamed with choice of King Prawns or Mixed Seafoods seasoned with Lemon dressing, fresh chill, onions & coriander.
- 17. Plaa Lui Suan** £13.25
Deep Fried Fish Fillet cooked in fresh chilli sauce, lime juice, mint, red onion, lemongrass & coriander
- 18. Yum Ped Grob** £13.75
Crispy marinated duck tossed with lemon dressing, ground toasted rice, fresh chilli, mint, salad leaf, red onion & coriander
- 19. Larb Moo** £13.25
Minced Pork is combined with lime juice, crunchy toasted rice, onions & a selection of herbs. Larb is another favourite dish that should be eaten with sticky rice.

Main Meals - Chicken Dishes

- 20. Chicken with Chilli Oil** £12.50
Sliced Fresh Chicken Fillet stir fried with onions & special Thai chilli oil.
- 21. Peppered Chicken** £12.50
Sliced Fresh Chicken Fillet stir fried with black pepper & garlic.
- 22. Sweet & Sour Chicken** £12.50
Sliced Fresh Chicken Fillet dipped in seasoned flour & deep fried cooked with pineapple, tomato, cucumber & sweet & sour sauce.
- 23. Bangkok Chicken** £12.50
Sliced Fresh Chicken Fillet dipped in seasoned flour & deep fried cooked with sweet chilli sauce.
- 24. Chicken with Ginger** £12.50
Sliced Fresh Chicken Fillet with a fresh sharp taste of ginger & mushrooms stir fried in oyster sauce.
- 25. Chicken with Mushrooms** £12.50
Sliced Fresh Chicken Fillet cooked with mushrooms & spring onions stir fried in oyster sauce.
- 26. Chicken with Cashew Nuts** £12.50
Sliced Fresh Chicken Fillet stir fried with peppers, spring onions & cashew nuts in oyster sauce.
- 27. Chicken with Chilli** £12.50
Sliced Fresh Chicken Fillet cooked in oriental herbs & seasoned with chilli sauce.
- 28. Chicken Pad Prik Khing** £12.50
Sliced Fresh Chicken Fillet cooked in red curry paste with green beans, lemon grass & ginger.
- 29. Gang Pa Gai (Jungle Curry)** £12.50
A red hot chicken curry cooked with beans & basil.
- 30. Green Chicken Curry** £12.50
Traditional Thai green curry in coconut milk with Herbs & spices.

Main Meals - Chicken Dishes

- 31. Panang Chicken Curry** £12.50
Sliced Fresh Chicken Fillet cooked in a medium spiced creamy curry & basil.
- 32. Chicken Red Curry** £12.50
Thai red curry in coconut milk, herbs & spices. a mouth watering fruity taste.
- 33. Masaman Chicken** £12.50
Sliced Fresh Chicken Fillet slow cooked with fresh coconut, onions potato & peanut.

Main Meals - Pork Dishes

- 34. Pork with Ginger** £12.00
Pork cooked with fresh ginger, baby corn, onions, mushrooms & stir fried in oyster sauce.
- 35. Pork with Cashew Nuts** £12.00
Pieces of Pork stir fried with sweet peppers, mushrooms, spring onions & cashew nuts.
- 36. Sweet & Sour Pork** £12.00
Pieces of pork dipped in seasoned flour & deep fried, stir fried with tomatoes, pineapple & onions in sweet & sour sauce.
- 37. Pork with Chilli** £12.00
Pork cooked in Thai herbs seasoned with chilli & basil.
- 38. Pork Panang** £12.00
Pork cooked in a medium spiced creamy curry & basil.
- 39. Pork Pad Prik Khing** £12.00
Pork cooked in red curry paste with green beans, lemon grass & ginger.
- 40. Green Pork Curry** £12.00
Pork cooked in Thai green curry & coconut milk with Thai herbs & spices.
- 41. Pork with Chilli Oil** £12.00
Pork stir fried with onions & special Thai chilli oil.

Main Meals - Beef Dishes

- 42. Beef in Oyster Sauce** £12.75
Beef fried with broccoli & baby corn in oyster sauce.
- 43. Peppered Beef** £12.75
Beef flavoured with black pepper & garlic.
- 44. Beef with Ginger** £12.75
Beef cooked with fresh ginger, baby corn, onions, mushrooms & stir fried in oyster sauce.
- 45. Panang Beef Curry** £12.75
Beef cooked in a spiced creamy curry with red peppers & basil.

Main Meals - Beef Dishes

- 46. Beef with Chilli** £12.75
Beef cooked in a distinctive Thai fusion of garlic, chilli & basil.
- 47. Gang Pa Beef (Jungle Curry)** £12.75
Red beef curry with broccoli, bamboo shoots, lemon grass & basil.
- 48. Green Beef Curry** £12.75
Strips of beef cooked in coconut cream, green chilli paste & basil.
- 49. Red Beef Curry** £12.75
A rich red beef curry cooked with bamboo shoots, lemon grass & coconut milk.
- 50. Crispy Beef** £12.75
Beef in seasoned flour & deep fried with sweet chilli sauce.
- 51. Masaman Beef** £12.75
Tender beef slow cooked with fresh coconut, peanut & potato.

Main Meals - Duck Dishes

- 52. Duck with Oyster Sauce** £12.75
Roast duck stir fried with broccoli, baby corn & oyster sauce.
- 53. Panang Duck Curry** £12.75
Duck cooked in coconut milk with panang paste & basil.
- 54. Duck Pad Prik Khing** £12.75
Duck cooked in red curry paste with green beans, lemon grass & ginger.
- 55. Duck with Chilli Oil** £12.75
Duck cooked in oriental herbs & seasoned with chilli oil.
- 56. Red Duck Curry** £12.75
Duck cooked in red curry paste with coconut milk. Bamboo shoots, herbs & spices.
- 57. Green Duck Curry** £12.75
Duck cooked in green curry paste with herbs & coconut milk.
- 58. Duck with Chilli** £12.75
Stir Fried Duck with fresh chilli, garlic, Thai herbs and basil.
- 59. Duck with Tamarind** £12.75
A delicious crispy duck served on a bed of broccoli topped with homemade tamarind sauce

Bann Thai Chilli Guide

Mild  Nice 'n' Spicy  Hot 
Dishes can be cooked extra mild or spicy to suit your taste
Just Ask
Please let us know of any allergies before ordering.

Main Meals - Seafood Dishes

- 60. Sweet & Sour Prawns** £13.50
King prawns stir fried with cucumber, tomatoes, pineapple & onions in sweet & sour sauce.
- 61 Prawns with Mushrooms** £13.50
King prawns with mushrooms, baby corn, carrots & spring onions stir fried in oyster sauce.
- 62. Prawns with Ginger** £13.50
King prawns with sharp fresh ginger, baby corn, onions, mushrooms & pepper stir fried in oyster sauce.
- 63. Peppered Prawns** £13.50
King prawns coated in black pepper & garlic, stir fried with onions.
- 64. Green Prawn Curry** £13.50
King Prawns cooked in coconut milk with green curry paste & lime leaves.
- 65. Seafood Homok** £14.00
A delicious mix of prawns, squid, fish & mussels flavoured with coconut milk, red curry paste & lemon grass.
- 66. Bangkok Fish** £13.00
Pieces of White Fish in batter served with peppers & Thai spices blended in hot sweet garlic sauce.
- 67. Squid with Chilli** £13.00
Squid cooked in Thai herbs seasoned with chilli & basil.
- 68. Seafood with Chilli** £14.00
Squid, king prawns & mussels cooked in Thai herbs, baby corn, carrots, sweet peppers Seasoned with chilli sauce.
- 69. Mussels with Chilli** £13.00
Mussels cooked in Thai herbs, baby corn, carrots, sweet peppers seasoned with chilli spices.
- 70. Panang Mussels** £13.00
Mussels cooked in coconut milk with curry paste, green peppers & basil.
- 71. Chilli Oil Seafood** £14.00
Squid, prawns, mussels & Thai fish balls stir fried with onions, baby corn, peppers & mushrooms tossed in chilli oil paste.
- 72. Fish with Cashew Nuts** £13.00
White Fish in light batter cooked in sweet peppers, mushrooms, baby corn & cashew nuts.
- 73. Chu Chee Fish** £13.00
Lightly battered White Fish topped with Thai red curry sauce & basil.
- 74. Chu Chee Prawns** £13.50
King Prawns in curry paste, coconut milk & red peppers garnished with shredded lime leaves.
- 75. Sweet & Sour Fish** £13.00
Deep fried White Fish with sweet & sour sauce.
- 76. Chilli Oil Prawns** £13.50
King prawns stir fried with onions & special Thai chilli oil.

Rice, Noodles and Extras

- 77. Mixed Vegetables** £5.75
Stir fried vegetables in oyster sauce
- 78. Pad Bean sprouts** £5.75
Stir fried bean sprouts in oyster sauce
- 79. Boiled Rice** £3.75
- 80. Egg Fried Rice** £4.00
- 81. Egg Fried Rice Chicken** £5.95
- 82. Coconut Rice** £4.95
Rice steamed in fragrant coconut
- 83. Pad Thai Noodles** £10.00
Rice noodles stir fried with egg & bean sprouts with peanuts.
- Add choice of: **Pork or Chicken** £11.50
King Prawns £12.50
- 84. Sticky Rice** £4.95
Steamed Thai glutinous rice
- 85. Kow Nam Prik Pao (Spicy Rice)** £4.95
Rice Stir Fried with roasted chilli paste.
- 86. Spicy Noodles** £10.00
Spicy Rice noodles stir fried with egg and bean sprouts
- Add choice of: **Pork or Chicken** £11.50
King Prawns £12.50
- 87. Chips** £4.50
- 88. Plain Noodles** £7.50
Egg noodles with garlic, bean sprouts and spring onions.
- 89. Prawn Crackers** £3.50

Vegetarian Dishes

- V1. Chilli Oil Mock Duck or Tofu** £12.75
Mock Duck or Tofu stir fried with onions, sweet peppers & mushrooms, tossed in chilli oil paste.
- V2. Mock Duck or Tofu with Chilli** £12.75
Mock Duck or Tofu cooked in oriental herbs seasoned with chilli & basil.
- V3. Mock Duck or Tofu Green Curry** £12.75
Mock Duck or Tofu cooked in coconut milk, green curry paste & sweet basil.
- V4. Sweet & Sour Mock Duck or Tofu** £12.75
Mock Duck or Tofu cooked in sweet & sour sauce.
- V5. Panang Mock Duck or Tofu** £12.75
Mock Duck or Tofu cooked in coconut milk with panang chilli paste.
- V6. Mock Duck or Tofu with Cashew Nuts** £12.75
Mock Duck or Tofu stir fried with mushrooms, carrot, pepper & cashew nuts.
- V7. Quorn with Chilli Oil** £12.75
Quorn stir fried with onions, sweet peppers & mushroom, tossed in chilli oil paste.

Vegetarian Dishes

- V8. Quorn with Chilli** £12.75
Quorn cooked in oriental herbs seasoned with chilli & basil.
- V9. Quorn Green Curry** £12.75
Quorn cooked in coconut milk, green curry paste & sweet basil.
- V10. Sweet & Sour Quorn** £12.75
Quorn cooked in sweet & sour sauce
- V11. Panang Quorn** £12.75
Quorn cooked in coconut milk with panang chilli paste.
- V12. Quorn with Cashew Nuts** £12.75
Quorn stir fried with mushrooms, carrot, pepper & cashew nuts.

Banquet - Set Meals

- A. Set Meal for Two** £45.00
Mixed Starter Red Beef Curry
Sweet & Sour Chicken Egg Fried rice
- B. Set Meal for Three** £67.50
Mixed Starter Sweet & Sour Pork
Beef Panang Curry 2 x Egg Fried Rice
Chicken with Cashew Nuts
- C. Set Meal for Four** £90.00
Mixed Starter Crispy Beef
King Prawn with Chilli Oil Red Duck Curry
Chicken Pepper
3 x Egg Fried Rice
- D. Set Meal for Six** £135.00
Mixed Starter Chilli & Garlic
Green Chicken Curry Mixed Seafood
Sweet & Sour Prawns Beef Panang
Pork with Cashew Nuts 4 x Egg Fried Rice
Duck with Chilli Oil

Find us Here



Bann Thai

healthy food truly Thai

Cromer

We are fully licensed

Take Away Menu

Our food is homemade and cooked to order using fresh local produce.

2026

We reserve the right to vary the vegetables in the dishes due to seasonal availability. Please advise us of any special requests or allergies.

01263 - 513193

1a Church Street,
Cromer,
Norfolk.
NR27 9ER

www.bannthai.co.uk

Opening Hours
Wednesday to Sunday
EVENINGS

5.00pm - 9.00pm

Last Orders 9.00pm

Please Note on Friday & Saturday
There May be Limited Availability
on Take Aways Between
7.00pm - 8.30pm